ELNEC- For Veterans
END-OF-LIFE NURSING EDUCATION CONSORTIUM

Palliative Care For Veterans

Module 4
Cultural and Spiritual Considerations in Palliative Care

PARTICIPANT OUTLINE
Module 4: Cultural Considerations in Palliative Care
Participant Outline

I. INTRODUCTION
   A. Awareness
      1. 21st Century
      2. Military
      3. Era of service
   B. Definitions
   C. Cultural demographics of Veterans

II. CULTURAL COMPETENCE
    A. Components of cultural competence
    B. Interdisciplinary care

III. COMPONENTS WITHIN CULTURE
     A. Ethnicity
     B. Race
     C. Gender
     D. Age
     E. Religion and spirituality
     F. Sexual orientation
     G. Differing abilities
     H. Financial status
     I. Place of residency
     J. Employment
     K. Educational level
     L. Causes of death

IV. CULTURAL DEMOGRAPHICS SPECIFIC TO VETERANS
    A. Race/ethnicity
    B. Women in the military
    C. Different Wars
    D. Poor and homeless Veterans
    E. Substance abuse among Veterans
    F. Incarcerated Veterans

V. COMPONENTS OF CULTURAL ASSESSMENT
   A. Country of origin
   B. Identification
   C. Major supports/community
   D. Decision-making
   E. Languages/communication
   F. Religion/spirituality
   G. Nutrition
H. Economics
   I. Health beliefs

VI. SPIRITUALITY
   A. Cultural considerations in spirituality and religion
   B. FICA: An example of a spiritual assessment
   C. Spiritual care interventions

VII. SELF ASSESSMENT
   A. Self-assessment
   B. Understanding own culture
   C. Evaluate cultural beliefs of co-workers

VIII. CULTURAL CONSIDERATIONS OF COMMUNICATION
   A. Communication
      1. Conversational style
      2. Personal space
      3. Eye contact
      4. Touch
      5. Time orientation
      6. View of healthcare professionals
      7. Auditory versus visual learning styles
   B. Role of the family

IX. CULTURAL INFLUENCES OF DECISION-MAKING
   A. Beliefs of values/autonomy
   B. Disclosure
   C. When cultures clash

IX. CONCLUSION
   A. Recognize influence of culture and spirituality
   B. Complete self-assessment
   C. Increase knowledge
   D. Obtain information
   E. Attributes
   F. Gain skill/understand
   G. Interdisciplinary