GARFIELD

YOU CAN EAT ANYTHING YOU WANT AND STILL LOSE WEIGHT!

HOW? WHY, BY GETTING OUT OF THAT CHAIR AND COMMITTING YOURSELF TO A LIFETIME REGIMEN OF RIGOROUS...

CLICK!

WH EW! I NARROWLY AVOIDED THE "E" WORD!
The “H” word
The Business of Living.....
You matter to the last moment of your life, and we will do all we can, not only to help you die peacefully, but also to live until you die.

Cicely Saunders
Rural Palliative Care Initiative

• Grant to help us establish a Vet to Vet volunteer program

• 3 objectives:
  – Educate our staff and current volunteers
  – Recruit and train Veteran volunteers
  – Provide Vet to Vet services for our Veteran patients
US Veterans – The Facts

• 26 million veterans are alive today
• 25% of all deaths in the US are Veterans
• More than 1,800 Veterans die each day
• The VA cares for a minority of veterans at the end of life
Veteran’s Unique Needs

These needs are influenced by:
- Whether they were enlisted or drafted
- The branch of service and their rank
- Which war they served in
- Combat or non-combat experience
- If they were POW’s
- If they experienced PTSD
It takes a team
Veteran Volunteers

• A cultural bond exists that opens doors of trust

• Share codes of conduct and honor

• Barriers of stoicism and secrecy dissolve (especially combat veterans)
Veteran Volunteers

• Bring their military training and history to their hospice work

• Offer unique opportunities that support life review and healing

• Are able to share a common language
Recruitment

• 2\textsuperscript{nd} Objective
  – Talk to Veterans
  – Share the need
  – Encourage service
  – Schedule training
Meet the Need

• 3rd Objective
  – Connect veteran patients in rural areas with veteran volunteers
    Support and encourage

Veteran Volunteer’s Testimony
Honoring Veterans preferences at the end of life...