

# **ELNEC- For Veterans**

END-OF-LIFE NURSING EDUCATION  
CONSORTIUM

Palliative Care For Veterans

## **Module 4 Cultural and Spiritual Considerations in Palliative Care**

**PARTICIPANT OUTLINE**

## **Module 4: Cultural Considerations in Palliative Care Participant Outline**

- I. INTRODUCTION
  - A. Awareness
    - 1. 21<sup>st</sup> Century
    - 2. Military
    - 3. Era of service
  - B. Definitions
  - C. Cultural demographics of Veterans
- II. CULTURAL COMPETENCE
  - A. Components of cultural competence
  - B. Interdisciplinary care
- III. COMPONENTS WITHIN CULTURE
  - A. Ethnicity
  - B. Race
  - C. Gender
  - D. Age
  - E. Religion and spirituality
  - F. Sexual orientation
  - G. Differing abilities
  - H. Financial status
  - I. Place of residency
  - J. Employment
  - K. Educational level
  - L. Causes of death
- IV. CULTURAL DEMOGRAPHICS SPECIFIC TO VETERANS
  - A. Race/ethnicity
  - B. Women in the military
  - C. Different Wars
  - D. Poor and homeless Veterans
  - E. Substance abuse among Veterans
  - F. Incarcerated Veterans
- V. COMPONENTS OF CULTURAL ASSESSMENT
  - A. Country of origin
  - B. Identification
  - C. Major supports/community
  - D. Decision-making
  - E. Languages/communication
  - F. Religion/spirituality
  - G. Nutrition

- H. Economics
- I. Health beliefs
  
- VI. SPIRITUALITY
  - A. Cultural considerations in spirituality and religion
  - B. FICA: An example of a spiritual assessment
  - C. Spiritual care interventions
  
- VII. SELF ASSESSMENT
  - A. Self-assessment
  - B. Understanding own culture
  - C. Evaluate cultural beliefs of co-workers
  
- VIII. CULTURAL CONSIDERATIONS OF COMMUNICATION
  - A. Communication
    - 1. Conversational style
    - 2. Personal space
    - 3. Eye contact
    - 4. Touch
    - 5. Time orientation
    - 6. View of healthcare professionals
    - 7. Auditory versus visual learning styles
  - B. Role of the family
  
- IX. CULTURAL INFLUENCES OF DECISION-MAKING
  - A. Beliefs of values/autonomy
  - B. Disclosure
  - C. When cultures clash
  
- IX. CONCLUSION
  - A. Recognize influence of culture and spirituality
  - B. Complete self assessment
  - C. Increase knowledge
  - D. Obtain information
  - E. Attributes
  - F. Gain skill/understand
  - G. Interdisciplinary