

EDUCATIONAL DESIGN for PROVIDER-DIRECTED ACTIVITY

TITLE: Vietnam: Untold Stories at the End of Life

DATE: _____

OBJECTIVES (Learner outcomes in behavioral terms) Upon completion, learner will be able to:	SUBJECT MATTER (Topic Outline & Content--as it corresponds to the objectives)	SCHEDULE (Time in Minutes) & INSTRUCTOR (Name/Title)	TEACHING METHODS & EVALUATION METHOD
<p>1. Identify the unique features that Vietnam veterans experience at end-of-life, including "secondary wounding."</p> <p>2. Describe processes that will earn trust and create safe emotional environments with Vietnam Vets as they age and near the end of life.</p> <p>3. Demonstrate a somatic-Awareness technique that can be used with patients when they are "triggered"</p>	<p>1. The reaction of the scornful American public when Vietnam soldiers returned, caused shame and anger in Veterans. Known as "secondary wounding", these feelings sometimes surface at end of life.</p> <p>2. Interventions for healing will be reviewed:</p> <ul style="list-style-type: none"> - Grieving unmourned losses - Forgiving unforgiven guilts - Releasing shame - Contrasting "moral injury" and "soul injury" <p>3. The Anchoring Heart Technique can be used by the Veteran and/or the Veteran's family to "ground" themselves during times of anxiety-producing memories.</p>	<p>Deborah Grassman ARNP</p> <p>1.5 hours</p>	<p>Power Point Presentation</p> <p>Poems from Vietnam Vets</p> <p>Self-awareness exercise</p> <p>Slide show of forgiveness issues r/t Vietnam</p> <p>Evaluation Form</p> <p>Questions & Answers</p>