ELNEC- For Veterans

END-OF-LIFE NURSING EDUCATION CONSORTIUM

Palliative Care For Veterans

Module 5 Communication

PARTICIPANT OUTLINE

Module 5: Communication

Participant Outline

I. OVERVIEW OF EFFECTIVE COMMUNICATION

- Role of communication
 - 1. Allows Veteran to tell their story, values, and beliefs
 - 2. Promotes goal concordant care
 - 3. Facilitates interprofessional collaboration
- B. Veteran/family expectations of communication

II. DISCUSSIONS WITH PATIENTS AND CAREGIVERS

- A. Respectful and effective language
- B. Verbal/nonverbal cues
- C. Cultural considerations
- D. Attentive listening
- E. Mindful presence

III. **COMMUNICATION STRATEGIES**

- A. Build trust
- B. Acknowledge emotions
- C. Check/verify what was said/was heard & understood
- D. Expect conflict
- E. Support patient and family
- F. Facilitate conversations about serious illness
- G. Collaborative interprofessional communication

IV. INTERPROFESSIONAL TEAM

- A. Effective interprofessional communication influences patient outcomes
- B. Family meetings are an effective tool
- C. Ongoing and consistent team communication is important
- D. Developing a process for resolving conflict is necessary

V. **SUMMARY**

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