Module 6
Loss, Grief, and Bereavement

PARTICIPANT OUTLINE
Module 6: Loss, Grief & Bereavement
Participant Outline

I. INTRODUCTIONS/OVERVIEW
   A. Definitions
   B. Overview of loss, grief, and bereavement
      1. Veterans
         a. Effect on survivors physically, psychologically, socially, emotionally, sexually
         b. Influence of culture and religion/spirituality on grief and loss
         c. Traumatic life experiences
      2. Nurses
         a. Addressing the constant loss of patients necessitates support for the nurse and the team.
      3. Palliative Care Team
         a. Addressing loss, grief and bereavement is a core component of palliative care services for individual with serious illness

II. FACTORS INFLUENCING THE GRIEF PROCESS
   A. Family caregiving factors
      1. Caregiving and its toll
      2. Assessment of family members
   B. Types of grief
      1. Anticipatory grief
      2. Acute grief
      3. Normal grief
      4. Complicated grief
      5. Disenfranchised grief
   C. Grief assessment
   D. Children's grief
      1. Based on age & developmental level
         a. Symptoms of grief in younger children
         b. Symptoms of grief in older children
   F. Grief interventions and support
   G. Grief work is ongoing and not completely finished
   H. Last task is letting go

III. THE NURSE: PREVENTION OF MORAL DISTRESS
   A. Witness to non-beneficial treatments
   B. Cumulative loss - Constant death or unsuccessful treatments
   C. Moral distress, moral injury, compassion fatigue and burnout
   D. Factors contributing to burnout
      Societal and cultural
      Health care system
      Organizational
Workplace and learning environment

E. Bullying
F. Self-awareness
G. Well-being: Caring for one’s self

IV. CONCLUSION
A. Bereavement care continues after death
B. Ongoing assessment and interventions
C. Recognition of one’s own grief
D. Bereavement care is interprofessional